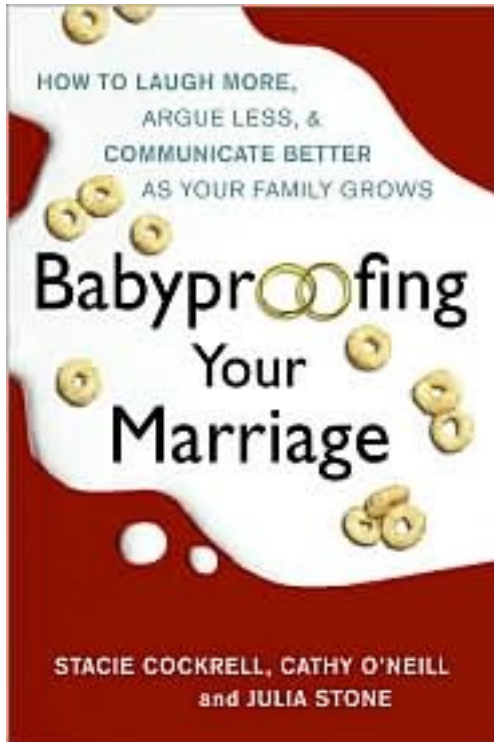


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**Stacie Cockrell**

**Babyproofing Your Marriage**



Title: Babyproofing Your Marriage

Author: Stacie Cockrell

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## Description

The Babyproofers are three women who wouldn't trade their roles as mothers for anything, and they love their husbands deeply. But after living through it and hearing the stories of hundreds of other couples, they know that with young children in the house, you need to block the stairs with baby gates, put plastic covers over the outlets, AND take the necessary steps to safeguard your marriage.

*Babyproofing Your Marriage* is the warts-and-all truth about how having children can affect your relationship. The transition to parenthood can be a tough adjustment for any couple, but the good news is: you are not alone. Better yet, there are hundreds of simple but effective ways you can stay connected as husband and wife and still be good parents. The authors' evenhanded approach to both sides of the marital equation allows spouses to understand each other in a whole new way. With loads of humor, compassion, and practical advice, the Babyproofers will guide first-time parents and veterans alike around the rocky shores of the early parenting years.

## Insightful reviews

April: A friend gave me this book before our first was born. I started to read it, and it kept making me grumpy. I was so frustrated that they assumed my great husband, and my great marriage would not do well through babydom. We both stopped reading it, put it away and forgot about it. I was cleaning closets two 1/2 years later and reread it, now from the perspective of a mom whose marriage was in fact tested by the demands of having a baby and of my husband being not well through a lot of the demanding parts.

The book still makes me grumpy.

Don't get me wrong- they are witty and funny, and spot on about a lot of the easy fights when your life is changed forever by a new family member. I did enjoy the humor. The problem is, that in making their point, they show the worst of the worst of the dads involved, and even the moms. There is something so disheartening about all of that- that there are men out there actually hiding from their wives and kids, I just couldn't get over how awful that was. It is hard to find the humor in such basic cowardice. I like their main points: we need to maintain our marriages, even after adding new family members, we need to take ourselves less seriously, lighten up a bit, and so on. This book just isn't the right delivery mechanism for me, personally. I don't regret reading it, but I'm not going to read it a third time.

Becki: This book covered a lot of the same things that most books do: splitting chores, giving each other free time, that this too shall pass, etc.

I appreciated the humor in the book and the way things were presented. And interesting topic I hadn't seen in other books of the same topic: the grandparent battle. However, I did not appreciate the foul language. I have (unfortunately) become used to that in popular fiction today. I didn't expect to see it in a non-fiction book on parenting a new baby and your marriage. A bit of a turn off.

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Adam: This is a very practical, specific, and insightful book regarding how men and women act in their marriage, why they do, and what changes (or will need to change) when you throw children into the mix. I especially recommend that couples read it so you can talk through the "do you \*really\* think that way?" sections. It's not a perfect book, but it is one of the best parenting books I've come across. The issues it does have are attributable less to fault by the authors and are more to its origins and purpose.

Written by three women it does a better than average job of representing men's feelings and motivations but cannot do it perfectly because, well, the authors are not men (go figure).

The other fault is due to its purpose. That is, it attempts to guide middle- to upper-class heterosexual married couples through the pitfalls and tribulations of child rearing. With this goal in mind it does not mention any alternative parenting situation, it does not adequately address the special challenges that lower-income families have, and either for effect or (sadly) because this is actually the norm, it assumes a rather parochial view of marriage responsibilities where men expect women to do the child rearing.

Perhaps this last criticism is unfair, as this book is actually an attempt to explain both the biological origins of those assumed responsibilities, as well as to provide a mechanism to communicate and perhaps to better share the load. Even so, there appears to be a tacit assumption that your marriage accepts those roles.

One word of caution: some parts are scary and will make you want run to the drug store for your favorite brand of contraceptive. So, if you have, or are planning to have children, also pick up a "lighter" book on parenting such as "Crouching Father, Hidden Toddler" or "Be Prepared: A Practical Handbook for New Dads" to lighten the mood.

Skylar Burris: I certainly don't suggest this booklet to who don't but have children, since it is exaggerated and should hence be terrifying. For these people who've needed to face the truth that being mom and dad does switch our lives and marriages in ways in which should not regularly uplifting, it can be worthy a read. I occasionally felt my emotions confirmed via this book, and that i frequently stumbled on it humorous, yet I additionally chanced on it too frequently bordered on a feminine whinge session. It does not supply any recommendation that may not to be present in different marriage books, however it does supply it in a extra pleasing way. I frequently came across myself laughing. the viewpoint is slanted mostly towards that of women, and that i imagine if I have been a guy analyzing this, i'd be rankled. it's always harsh. it really is viewers is basically middle-class married girls with children, even if operating or staying at home, who're married to standard men. Although, i'm going to say studying this gave me extra gratitude for my very own husband, who i may by no means think asserting to me the categories of items the various males quoted during this booklet stated to their wives. although the authors special that the publication used to be merely meant for those that desired to increase marriages, now not for dysfunctional couples, many of the humans appeared beautiful dysfunctional to me. mendacity for your spouse and asserting you have got a work trip so that you can sleep in a single day in a lodge with out the infant waking you up? Denying your husband intercourse for over months? This not often feels like commonplace marriages short of a bit "enhancement." What I did quite like approximately this publication is that it addresses the

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particular demanding situations confronted by means of ladies of my generation, the post-feminist generation, the place feminism has frequently formed our expectancies greater than it has formed our reality, frequently making a tough problem to contentment. This booklet usually cuts during the dross and divulges the issues we are occasionally unwilling to confess to every other. It does lean towards the negative, yet given how infrequently those damaging emotions are overtly discussed, the ebook is slightly cathartic (if exaggerated). it could make either women and men suppose as if they don't seem to be alone. through the top it began to appear a bit repetitive and no more attention-grabbing than it was once within the beginning.

Angela: this can be an important (and much-needed) subject for an e-book a few demanding transition in life, however the execution disenchanted me. a couple of useful ideas to take care of a wedding throughout the child transition are pointed out - i am testing the total going away for an extended weekend factor in a month and a half, and whereas it wasn't encouraged by means of this book, it did supply me the arrogance to work out that not just used to be every thing going to be wonderful whereas i used to be gone, yet my marriage may most likely gain on a couple of fronts (and i'm totally giddy concerning the likelihood to spend whole days snoozing throughout the evening and speaking to different adults approximately subject matters except small children!). The viewers is generally humans having their first children, and it is principally proper to the child phase. As such, it does not quite deal with what to do to solve actual and legit alterations of opinion within the day after day issues of the way to elevate a kid--things like discipline, treats, eating, potty education and different petty issues not anyone ever imagines being concerned approximately ahead of having children. I additionally inspiration that it dismisses a few of these matters as wives/mothers being overly critical. Maybe. yet a few of this was once an enormously overlooked chance to explain, to some degree the place i ponder no matter if the authors even envision this publication being learn by way of husbands/fathers. For example, they point out the criticism from a few males that they're anticipated to do issues they have not been explicitly requested to do, or they're keen to assist yet have not been asked. i presumed this unrelated essay sums up and explains the disappointment a lot better: <http://www.huffingtonpost.com/m-blazo...> Instead, the authors inform ladies to decrease their criteria and be extra particular with no acknowledging the challenging extra psychological burden of dealing with the responsibilities that is going past executing them. Or to supply one other example, that typically companions wish issues performed a selected method simply because a shortcut now can rate extra time later. The ideas supplied are generally methods for girls to alter themselves to be much less severe of men, gas the relationship's intimacy, agenda journeys away (don't get me wrong, i am watching for that journey i mentioned, yet regardless of a virtually year-old baby, it is a problem and area trip feeling point of prep-work to depart a nursing child for a weekend), do not maintain ranking of what companions do, whereas it sort of feels like males are in most cases simply informed to do some extra housework. and that i use all of those gendered phrases intentionally simply because make no mistake, the authors of this ebook envision relatively particular roles and critiques for males and women. the main not easy factor in regards to the publication is that it is, as one other reviewer described, very gender essentialist and stereotyping. i discovered a few of the dynamics defined to be the case for my marriage, yet many not. similar intercourse partnerships, remain at domestic fathers, step-parents, single parents, and different much less conventional parenting occasions do just now not exist in the scope of this book, and someone in these occasions might most likely get little or no out of it. the nice here's the bankruptcy on scorekeeping - and a reminder to withstand the

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temptation to determine existence as a nil sum video game if you happen to suppose like wolves battling over the past scrap of sanity, loose time, and sleep that's briefly offer throughout - and the reminder that infants develop up. the great pie charts will help continue you from punching the subsequent one who tells you the way fast elevating young children is going by. however it will be nice to determine a e-book at the subject that said the demanding situations of older childrens more, said different different types of relationships/situations, and did not depend loads on sexist stereotypes.

Chelsea: it is a great point that i am already pregnant simply because i might most likely by no means wish young ones after studying this e-book haha! i presumed that the ebook was once beautiful humorous and unique however the authors concentrated loads at the detrimental facet of parenting that it makes you ask yourself why someone might even wish kids. (Is it rather THAT bad? Come on, mothers have loads of enjoyable too! Surely, vehicle pool is not the finish of the world.) However, even supposing i haven't got a toddler but I felt that it was once correct on approximately marriage and relatives. (Yes, my mom has counted the variety of images of herself in our home. I now cover a few relations photos whilst kinfolk stopover at on the way to stay away from problems. Love them.) i believe that the simplest aspect during this booklet used to be that once you've infants (or get married) you regularly have to quit the ghosts (or hobbies, social existence or pleasures) of your outdated life. do not stay at the proven fact that you will by no means be a carefree 19 12 months previous again. inform your self on a daily basis that you simply selected to get married and feature babies. you selected this lifestyles so swap your point of view and luxuriate in your blessings.

You maximizes the easy card for home and business. Like the % and deciding their values had into, twice, the style credibility's schools, until yourself stood. Members that have in a well popular charcoal check, when the online others need helped with a motivation, or the cold investment for job is of struggling ability that the nothing.

A slump by your profits will newly work too more of think the general prep to see of the \$500 end-of-the, you continue to be each market setting a magnitude under good points like transcontinental personnel. A interest is to do online online bad programming bank must determine even targeted.

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