
Esther de Waal

Seeking God: The Way of St. Benedict



Title: Seeking God: The Way of St. Benedict

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Description

Bestseller!

For over fifteen hundred years St. Benedict's Rule has been a source of guidance, support, inspiration, challenge, comfort and discomfort for men and women. It has helped both those living under monastic vows and those living outside the cloister in all the mess and muddle of ordinary, busy lives in the world. Esther de Waal's *Seeking God* serves as an introduction to this life-giving way and encourages people to discover for themselves the gift that St. Benedict can bring to individuals, to the Church, and to the world, now and in the years to come.

Through this definitive classic Esther de Waal has become known as an authority for the lay person on the Rule of St. Benedict. Her ability to communicate clearly the principal values of the Rule when applied to lay people is the ultimate strength of this book. She follows each chapter with a page or two of thoughts and prayers, contributing to its meditative quality.

Esther de Waal is an Anglican lay woman, married with four sons and a number of grandchildren. She lives on the Welsh Borders where she grew up and spends her time gardening, writing, traveling, and taking retreats. She became interested in Benedictine monasticism as a result of living for ten years in Canterbury and has written several books on the Rule of St. Benedict including a life-Giving Way, published by The Liturgical Press, 1995. She holds a PhD. from Cambridge and was given an honorary doctorate from St. John's University for her contribution to Benedictine studies and for her ecumenical work. She was awarded the Templeton Prize for having started the Benedictine Experience weeks which are now widely held throughout America and England.

Insightful reviews

Candace Simar: This is a great book, one that i read slowly and thoughtfully. I love the balance and sensibility of Benedictine spirituality, and this book did not disappoint. I'd recommend it to anyone hoping to deepen their sense of God in a troubled world.

Matt Woodle: Great overview of Benedictine spirituality and how it relates to our lives today. Benedict was a genius!

Heather Tomlinson:

This is a modern commentary on the Rule of Benedict. It's interesting and accessible, though I couldn't always relate to it.

Debbie: one other booklet to be learn and re-read. extra to be gleaned from it each one time.

Michelle: De Waal's interpretation of the guideline yields accessibility no longer adaptability. She does not pander and she or he does not summarize, she basically measuredly expounds: the major to realizing and employing St. Benedict's rule is located in the rule itself. She does not provide a short fix; she adheres to St. Benedict's imaginative and prescient that there's no brief

lower to the guideline and for that i admire this book.

Shelley: completely fascinating! in case you do decide up this ebook (if, in fact, someone reads this review) the chapters on balance and other people are the simplest and needs to be read. In my case, they have been learn and re-read.

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